

**Institute of Social & Cultural Studies
Faculty of Behavioral & Social Sciences
University of the Punjab, Lahore
Course Outline**



Programme	BS Demography	Course Code	DEM410	Credit Hours	3
Course Title	Population & Reproductive Health				

Course objectives:

After studying this course, the student should be able to:

- 1 define Reproductive Health and Reproductive Lifecycle;
- 2 identify the underlying determinants of reproductive health; and
- 3 describe the causes and prevention of underlying issues.

Course Outline:

- Scope and Overview of Reproductive Health
- Fertility: Level and Determinants
- Determinants of Contraceptive Use
- Family Planning Program
- Outcomes of Unwanted Pregnancy
- Determinants of Maternal and Child Mortality
- Linkages between Reproductive health and Maternal and Child Health
- The Quality of Care Approach to Providing Reproductive Health Services

- Socio-Cultural Dimensions of Reproductive Health of Men and Women Throughout their Life Span
- Reproductive Rights: The Debates
- Reproductive Health and Sexual Health of Adults
- Reproductive Tract Infections
- Violence Against Women: Theoretical Framework and Lessons Learned from the WHO Multi-county study and Domestic

Reproductive Health of Adolescents, Single and Elderly People: the Changing Trends.

Teaching-Learning Strategies:

Teaching will be a combination of class lectures, class discussions, and group work. Short videos/films will be shown on occasion.

Sessional Work:

The sessional work will be a combination of written assignments, class quizzes, presentations, and class participation/attendance.

Assessments and Examination:

Sessional Work: 25 marks

Midterm Exam: 35 marks

Final Exam: 40 marks

Recommended Books:

1. Inhorn, M. C. (2016). Religion and reproductive technologies. *Understanding and Applying Medical Anthropology*, 274.
2. Riddell, K. (2016). *Islam and the Securitisation of Population Policies: Muslim states and sustainability*. Routledge.
3. Horsley, P. (2015). *Critical issues in reproductive health*.
4. Kulczycki, A. (Ed.). (2014). *Critical Issues in Reproductive Health*. Springer London: UK.

5. Van Den Akker, O.B.A. (2012). Reproductive Health Psychology. Wiley-Blackwell. West Sussex: UK.
6. Khan, A. (2003). Adolescent Reproductive Health in Pakistan: Status, Policies, Programs and Issues. Research Triangle Institute and the Centre for Development and Population Activities (CEDPA)